STORIA

I sostantivi italiani più comuni – Cibo e cucina

Most Common Italian Nouns – Food & Cooking



LANGUAGE
Italian

TRANSLATION
English

LEVEL
A1 - Beginner

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Top Italian nouns in this story: Food & Cooking

If you want to understand a language quickly, high-frequency nouns matter.

Nouns carry a large part of the meaning in everyday communication: what we use, what we need, where things are, and what surrounds us at home.

When you recognize the most common nouns automatically, comprehension becomes easier, reading feels less stressful, and you can follow conversations with far fewer gaps.

This story teaches core nouns in a practical way: you meet them in short, simple paragraphs so the meaning becomes clear from context, not just from a translation.

Italian	English	Italian	English
cibo	food	latte	milk
bevanda	drink / beverage	burro	butter
pane	bread	yogurt	yogurt
pasta	pasta	panna	cream
pizza	pizza	olio	oil
riso	rice	aceto	vinegar
minestra	soup	sale	salt
zuppa	soup	zucchero	sugar
carne	meat	miele	honey
pesce	fish	cioccolato	chocolate
pollo	chicken	biscotto	biscuit / cookie
manzo	beef	torta	cake
maiale	pork	dolce	dessert / sweet
salame	salami	gelato	ice cream / gelato
prosciutto	prosciutto / cured ham	frutta	fruit
salsiccia	sausage	verdura	vegetables
uovo	egg	insalata	salad
formaggio	cheese	pomodoro	tomato

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